

CUMBERLAND WOMEN'S HEALTH CENTRE



ABOUT OUR CENTRE

Cumberland Women's Health Centre is a specialist family and domestic violence service that supports women over the age of 18, who live or work in the Parramatta, Cumberland and The Hills LGAs. We believe that with information and support, women are in a better position to make choices about their own health and wellbeing, and live a life free from violence.

SERVICES WE OFFER AT CWHC

- DFV Case Management
- Community Education
- Counselling
 - Domestic Violence Counselling
 - Generalist Counselling
- Information and referral
- Women's Health and Wellness Group
- Therapeutic Groups and Workshops
- Community Development Worker
- Support for women who have experienced violence

OPENING HOURS:

Monday to Friday

9:00am—4:30pm

The Centre closes

12:30pm—1:00pm

for lunch